

Guidance when you need it most.

bQuest's 18-part educational email series delivers expert insights on aging and the continuum of care. Each weekly email offers practical, easy-to-understand guidance to help you make informed decisions with clarity and confidence.

When care needs change, the path forward isn't always clear.
We're here to guide you.

Whether you're planning ahead or supporting a loved one, this series provides a clear roadmap, helpful tools, and compassionate guidance through one of life's most personal journeys.

Topics Covered



Aging in Place – Home modifications and safety tips for independent living



Care Management – Planning for care coordination



Home Transitions – When to consider senior living or supportive housing



End-of-Life Planning – Hospice care, and family conversations



Grief & Loss – Resources for emotional support and navigating change



Estate Administration – What to expect after a loss

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Sign up for free - you'll receive a new topic each week

Learn at your pace - review resources and suggestions at your convenience

Reach out when you're ready - we're here if you need personalized support